**NILES ROCKET FOOTBALL COACHES CONTRACT and EXPECTATIONS.**

The primary goal of each head coach and assistant coach is to provide a safe, positive and fun learning environment so that the passion for the game of football is something the kids will develop.

1. **Safety** is the top priority. We want to ensure a better, safer experience for our players.

We will be participating in Heads Up Football, USA Football’s player safety program. Head coaches and the main assistant coach on each team will be required to complete the Level 1 Coaching Certification Course. This comprehensive course includes the CDC concussion recognition and response protocols, proper helmet and shoulder pad fitting, heat and hydration information, sudden cardiac arrest instruction (the #1 cause of death in children and teens taking part in athletics) and fundamental drills reinforcing Heads Up Tackling and Blocking Techniques.

1. **The Concussion Protocol Action Plan** must be followed in the event of a suspected concussion.
2. Remove the athlete from play for the remainder of the practice or game.
3. Evaluate based on the CDC head injury fact sheet.
4. Communicate with the athlete’s parents or guardians about the possibility of the concussion and give them the fact sheet about concussions.
5. Ensure that the athlete is evaluated by a health care professional. The athlete can only return to play or practice with a Medical Clearance Return to Play form signed by a health care professional.
6. **Coach Player development** with an emphasis on fundamentals. Set the players up for success in their future football career by laying a solid foundation.
7. **Run** **organized practices** with direction, progression and relative purpose.
8. **Attend all meetings** as required by the Board of Directors.
9. **All coaches are required** to assist with equipment handout and return during their team’s scheduled time.
10. **Good communication** is key! Coaches are expected to communicate positively with parents. This includes holding a parents meeting at the beginning of the season.
11. **Plan and execute player rotation** during games ensuring that all players receive more than the minimum required play time.
12. **No persons** other than Board approved coaches shall be instructing players during practice and games.
13. **The Head Coach** is responsible for the actions of the assistant coaches.
14. **Understand** that board members will be observing practices and games throughout the season.
15. **Social Media Expectations** forthecoaches using social media in connection with Niles Rocket Football Organization will be expected to do so with integrity, professionalism and honesty. The coach will refrain from any dishonorable and negative content.
16. Please feel free to **ask for help** at any time. We are all in this together.

**I have read the above Coaches Contract and Expectations, and agree to uphold the agreement.**

Signature of Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_